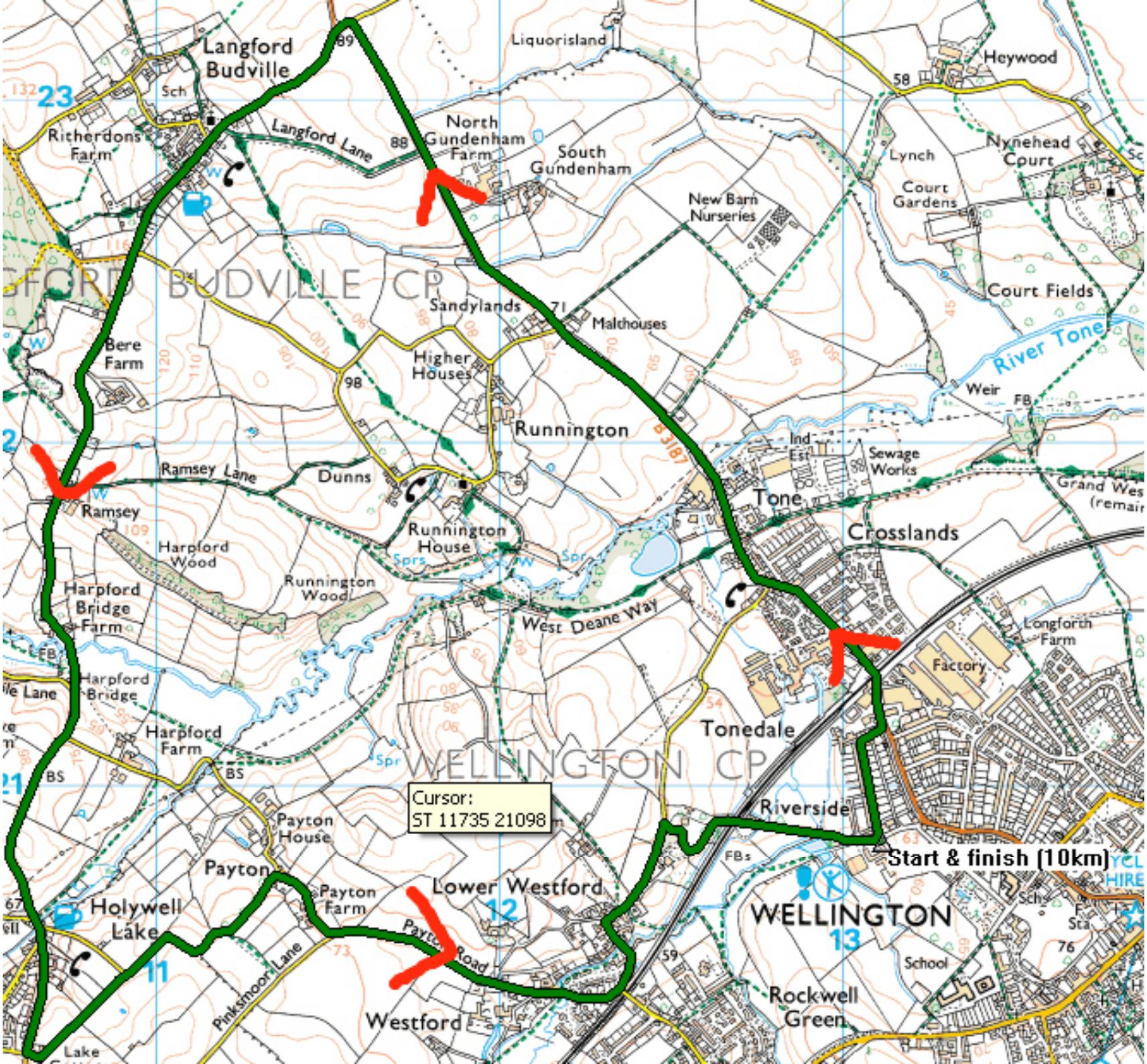
Langford Budville
Liquorisland
Heywood
Ritherdons Farm
Langford Lane
North Gundenham Farm
South Gundenham
Lynch
Nynehead Court
Court Gardens
New Barn Nurseries
Court Fields
Sandylands
Malthouses
River Tone
Bere Farm
Higher Houses
Weir
Runnington
Ind Est
Sewage Works
Ramsey Lane
Dunns
Tone
Ramsey
Runnington House
Crosslands
Harford Wood
Runnington Wood
Harford Bridge Farm
West Deane Way
Longforth Farm
Factory
Harford Bridge
Harford Farm
Tonedale
Cursor:
ST 11735 21098
Riverside
Payton House
Start & finish (10km)
Payton
Payton Farm
Lower Westford
Holywell Lake
WELLINGTON
School
Pinksmoor Lane
Rockwell Green
Westford